

MON	TUE	WED	THU	FRI	SAT	SUN
				1 NO TRAINING	2 AHSC 8.30 — 11.00AM	3 INTERCLUB STRATHALBYN
4 AHSC 5.30—7.00 AM 6—8 PM	5 AHSC 5.30—7.00 AM 6—8 PM	6 AHSC 5.30—7.00 AM 6—8 PM	7 AHSC 5.30—7.00AM 6—8 PM	8 AHSC 5.30—7.00 AM 4—6 PM	9 AHSC 8.30 — 10.30  ARMY 2—4 PM  H&G OWS	10 STRATHALBYN
11 AHSC 5.30—7.00 AM 6—8 PM	12 AHSC 5.30—7.00 AM 6—8 PM	13 AHSC 5.30—7.00 AM 6—8 PM	14 AHSC 5.30—7.00 AM PANCAKE S  NO PM TRAINING	15 SUPERFISH COUNTRY CHAMPIONSHIPS  NO TRAINING	16 COUNTRY CHAMPIONSHIPS TEAM PHOTO MARCH ON & FINALS  NO TRAINING	17 COUNTRY CHAMPIONSHIPS
18 COUNTRY CHAMPIONSHIPS  NO TRAINING	19 NO TRAINING	20 AHSC 5.30—7.00 AM 6—8 PM	21 5.30—7.00 AM 6—8 PM  STATES	22 5.30—7.00 AM  STATES	23 AHSC 8.30 — 10.30 ARMY 2—4 PM  STATES	24   STATES
25 AHSC 5.30—7.00 AM  ARMY POOL 6—7.30 PM	26 AHSC 5.30—7.00 AM  AHSC 6—8.00 PM	27 AHSC 5.30—7.00 AM  ARMY POOL 6—7.30 PM	28 AHSC 5.30—7.00 AM  ARMY POOL 6—7.30 PM	29 AHSC 5.30—7.00 AM  NO PM	30 AHSC 8.30—0.30AM  ARMY POOL 2—4 PM	31



JANUARY

2010